

7. Ask forgiveness for any sin that you committed as result of believing the lies.

The lies that we have come to believe will lead us to disobey God in the flesh. When Eve believed the lies of the devil that God was withholding something good from her and that she wouldn't die, she disobeyed God and ate of the fruit of the tree of good and evil.

"If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness" (I John 1:9).

8. Ask God to heal your emotional wounds which have occurred as result of the lies.

"The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the broken-hearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised, To preach the acceptable year of the Lord" (Luke 4:18-19).

Emotional wounds and emotional bruises (blows to your identity) don't automatically go away. Time does not heal them!!! However, Jesus suffered emotional wounds and bruises for us that we might receive healing ourselves.

9. Walk in your new identity in Christ.

"I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me" (Galatians 2:20).

"Wherefore, my beloved, as ye have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling. For it is God which worketh in you both to will and to do of his good pleasure" (Philippians 2:12-13).

"As ye have therefore received Christ Jesus the Lord, so walk ye in him" (Colossians 2:6).

10. Share your testimony of what God has done to bring freedom in your life.

"Howbeit Jesus suffered him not, but saith unto him, Go home to thy friends, and tell them how great things the Lord hath done for thee, and hath had compassion on thee" (Mark 5:19).

Sharing your testimony will both strengthen our own faith and give the courage to others to get freedom in their lives.

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# Overcoming

## The Lies



## That We Have Believed About Ourselves

"Behold, thou desirest truth in the inward parts: and in the hidden part thou shalt make me to know wisdom" (Psalms 51:6).

1. Pray and ask God to show you the lies.

"Search me, O God, and know my heart: try me, and know my disquieting thoughts: And see if there a way of pain in me, and lead me in the way everlasting" (Psalms 139:23-24). (a literal translation).

Disquieting thoughts are the thoughts which don't line up with the Word of God. For example, we may have come to believe that we were a mistake when God's Word says that we are fearfully and wonderfully made (Psalms 139:14).

Here are some clues: (1) It is just the way I am, (2) I have always been this way, (3) I will never become *positive*, (4) I will always be this way, (5) I am just like that *negative*

person, (6) I can't be *positive*.

Here are a few examples: (1) I am a failure, stupid, clumsy, shy, timid, (2) I will always be ugly, overweight, weak, mentally ill, (3) I can't ever do anything right, (4) I am just like my father who was a bum and my mother who was rebel.

2. Recognize the lies and discover the root to the lies (where they entered into your life).

"Beloved, believe not every spirit, but try the spirits whether they are of God: because many false prophets are gone out into the world" (I John 4:1).

Quite often we may come to realize that we have a problem, but don't know what the root is. We should ask the Holy Spirit to guide us into all truth. "Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will shew you things to come" (John 16:13).

3. Forgive anyone who has brought the lies into your life and also ask God to forgive any living offenders.

Often even well meaning people speak lies into our lives without realizing what they are doing. "Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ

forgave you, so also do ye" (Colossians 3:13).

Philip forgave those who were stoning him to death. "And he kneeled down, and cried with a loud voice, Lord, lay not this sin to their charge. And when he had said this, he fell asleep" (Acts 7:60).

4. Ask God to forgive you for believing the lies of the enemy.

It is our RESPONSIBILITY to bring every thought captive!!! "(For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ" (II Corinthians 10:5).

"He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy" (Proverbs 28:13).

5. RENOUNCE the lies.

"No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the LORD, and their righteousness is of me, saith the LORD" (Isaiah 54:17).

It is our **privilege** and **responsib-**

**ility** to renounce the lies of the enemy. If we don't, they will have authority to rule over us and keep us in bondage. "If a ruler hearken to lies, all his servants are wicked" (Proverbs 29:12). In one sense, the heart of man is the ruler. "Keep thy heart with all diligence; for out of it are the issues of life" (Proverbs 4:23). Whatever we believe in our heart directly has authority and power over our mind, will, emotions, and also over our body. If we, in our hearts, have believed a lie, it will have a damaging effect on our minds, will, emotions, and also on our physical bodies including our physical heart and even our brain. "For as he thinketh in his heart, so is he ...." (Proverbs 23:7).

6. Replace the lies with the truth of God's Word.

"And ye shall know the truth, and the truth shall make you free" (John 8:32).

"That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; And be renewed in the spirit of your mind; And that ye put on the new man, which after God is created in righteousness and true holiness" (Ephesians 4:22-24).

Concerning "forgiveness", the truth is that forgiveness is not earned or deserved. It is a gift that we give those who have offended us.