

shall be free indeed” (John 8:36).
Jesus said, “... he hath sent me to preach deliverance to the captives ... to set at liberty them that are bruised” (Luke 4:18).

16. We are not ashamed.

WE ARE FREE FROM SHAME = Paul said, “According to my earnest expectation and my hope, that in nothing I shall be ashamed, but that with all boldness, as always so now also Christ shall be magnified in my body, whether it be by life, or by death.” (Philippians 1:20).

17. We are not insecure.

WE ARE SECURE = “If God be for us, who can be against us” (Romans 8:31).

18. We are not cursed.

WE ARE BLESSED = “Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessing in heavenly places in Christ” (Ephesians 1:3).

19. We are not handicapped.

WE CAN DO ALL THAT GOD ASKS = “I can do all things through Christ which strengtheneth me” (Philippians 4:13).

20. We are not lost.

WE ARE SAVED = “For by grace are ye saved through faith; and that not of yourselves: it is the gift of God” (Ephesians 2:8).

21. We are not goats.

WE ARE SHEEP = “Know ye that the LORD he is God: it is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture” (Psalms 100:3).



Man Up

1. We are not helpless.

WE ARE HELPED = “Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need” (Hebrews. 4:16).

2. We are not left out.

WE ARE CHOSEN = “Yea are a chosen generation, a royal priesthood, an holy nation, as peculiar people; that ye should shew forth the praises of him who hath called you out of darkness into his marvellous light” (I Peter 2:9).

3. We are not abandoned.

WE ARE ADOPTED... NEVER LEFT ALONE = “... that we might receive the adoption of sons. And

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because ye are sons, God hath sent forth the Spirit of his Son into your hearts, crying, Abba, Father” (Galatians 4:5-6). “I will not leave you comfortless (literally orphans): I will come to you” (John 14:18).

4. We are not sinners.

WE ARE SAINTS = (To the carnal Christians at Corinth) “... to them that are sanctified in Christ Jesus, called to be saints, with all that in every place call upon the name of Jesus Christ our Lord...” (I Corinthians 1:2).

5. We are not rejected.

WE ARE ACCEPTED = “To the praise of the glory of his grace, wherein he hath made us accepted in the beloved” (Ephesians 1:6).

6. We are not guilty.

WE ARE JUSTIFIED = (just as though we never sinned). (We were fornicators, idolaters, adulterers, drunkards, thieves, covetous, homosexuals, etc.) “And such were some of you: but ye are washed, but ye are sanctified, but ye are justified in the name of the Lord Jesus, and by the Spirit of our God” (I Corinthians 6:11).

7. We are not fearful.

WE HAVE A SOUND MIND = “For God hath not given us the spirit of fear; but of power of love, and of a sound mind” (II Timothy 1:7).

8. We are not the victim.

WE ARE THE VICTORS = “For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith. Who is he that overcometh the world, but he that believeth that Jesus is the Son of God” (I John 5:4-5).

9. We are not defeated.

WE ARE CONQUERORS AND MORE = “Nay, in all these things we are more than conquerors through him that loved us” (Romans 8:37).

10. We are not poor.

WE ARE RICH = “For ye know the grace of our Lord Jesus Christ, that though he was rich, yet for your sake he became poor, that ye through his poverty might be rich” (II Corinthians 8:9).

11. We are not weak.

WE ARE STRONG = Jesus said, “My grace is sufficient for thee: for my strength is made perfect in

weakness. for when I am weak, then am I strong” (II Corinthians 12:9-10) “Let the weak say, I am strong” (Joel 3:10b).

12. We are not sinful.

WE ARE RIGHTEOUS = “For he hath made him to be sin for us, who knew no sin; that we might be made the righteousness of God in him” (II Corinthians 5:21).

13. We are not without hope.

WE ARE HOPEFUL = “Now our Lord Jesus Christ himself, and God, even our Father, which hath loved us, and hath given us everlasting consolation and good hope through grace. Comfort your hearts, and stablish you in every good word and work” (II Thessalonians 2:16-17).

14. We are not sick.

WE ARE HEALED = (Jesus) “Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed” (I Peter 2:24).

15. We are not bound by Satan or past experiences.

WE ARE FREE = “If the Son therefore shall make you free, ye