II Chronicles 20:17 "Ye shall not need to fight in this battle: set yourselves, stand ye still, and see the salvation of the LORD with you, O Judah and Jerusalem: fear not, nor be dismayed; to morrow go out against them: for the LORD will be with you."

Isaiah 35:4 "Say to them that are of a fearful heart, Be strong, fear not: behold, your God will come with vengeance, even God with a recompence; he will come and save you."

Isaiah 41:13 "For I the LORD thy God will hold thy right hand, saying unto thee, Fear not; I will help thee."

Isaiah 43:1 "But now thus saith the LORD that created thee, O Jacob, and he that formed thee, O Israel, Fear not: for I have redeemed thee, I have called thee by thy name; thou art mine."

Isaiah 44:2 "Thus saith the LORD that made thee, and formed thee from the womb, which will help thee; Fear not, O Jacob, my servant; and thou, Jesurun, whom I have chosen."

Daniel 10:19 "And said, O man greatly beloved, fear not: peace be unto thee, be strong, yea, be strong. And when he had spoken unto me, I was strengthened, and said, Let my lord speak; for thou hast strengthened me."

Joel 2:21 "Fear not, O land; be glad and rejoice: for the LORD will do great things."

Matthew 1:20 "But while he thought on these things, behold, the angel of the Lord appeared unto him in a dream, saying, Joseph, thou son of David, fear not to take unto thee Mary thy wife: for that which is conceived in her is of the Holy Ghost."

Matthew 10:28 "And fear not them which kill the body, but are not able to kill the soul: but rather fear him which is able to destroy both soul and body in hell."

Luke 1:13 "But the angel said unto him, Fear not, Zacharias: for thy prayer is heard; and thy wife Elisabeth shall bear thee a son, and thou shalt call his name John."

Luke 2:10 "And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people."

Luke 5:10 "And so was also James, and John, the sons of Zebedee, which were partners with Simon. And Jesus said unto Simon, Fear not; from henceforth thou shalt catch men."

Luke 8:50 "But when Jesus heard it, he answered him, saying, Fear not: believe only, and she shall be made whole."

Luke 12:7 "But even the very hairs of your head are all numbered. Fear not therefore: ye are of more value than many sparrows."

Luke 12:32 "Fear not, little flock; for it is your Father's good pleasure to give you the kingdom."

Acts 27:24 "Saying, Fear not, Paul; thou must be brought before Caesar: and, lo, God hath given thee all them that sail with thee."

Revelation 1:17 "And when I saw him, I fell at his feet as dead. And he laid his right hand upon me, saying unto me, Fear not; I am the first and the last."

Note: Psalms 23:1-6, Psalms 91:1-16, and Romans 8:28-39 are also excellent passages to meditate on and to memorize in overcoming fear.

Courtesy of Whole Person Counseling http://www.wholeperson-counseling.org

OVERCOMING Fear



With the Word of God

ALL of us are tempted to dwell on fear at times. However, if we continue to entertain and meditate on that fear, then it becomes a very destructive bondage in our lives.

FEAR is a lie of the enemy and an enemy to our faith! We need to replace the lie of fear with the Truth of God's Word which enables us to overcome the bondage of fear. Jesus said, "And ye shall know the truth, and the truth shall make you free" (John 8:32). Paul said, "For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father" (Romans 8:15). Here are some basic truths:

I. The devil is the author of fear.

"They that see thee shall narrowly look upon thee, and consider thee, saying, Is this the man that made the earth to tremble, that did shake kingdoms" (Isaiah 14:16). II. Fear opens the door for the enemy to work.

"For the thing which I greatly feared is come upon me, and that which I was afraid of is come unto me" (Job 3:25).

III. God is the author of peace.

"Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee" (Isaiah 26:3).

IV. God is sovereign ruler of creation.

"Whatsoever the LORD pleased, that did he in heaven, and in earth, in the seas, and all deep places" (Psalm 135:6).

V. God's desire is to work everything together for our good.

"And we know that all things work together for good to them that love God, to them who are the called according to his purpose" (Romans 8:28)

VI. If God is for us, no one can be against us.

"What shall we then say to these things? If God be for us, who can be against us?" (Romans 8:31).

VII. If you are a Believer, the Spirit of God that is in you is greater than the enemy in the world.

"Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world" (I John 4:4).

Scriptures On Overcoming Fear

"I will not be afraid of ten thousands of people, that have set themselves against me round about" (Psalms 3:6).

"Yea, though I walk through the valley of the

shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me" (Psalms 23:4).

"I sought the LORD, and he heard me, and delivered me from all my fears" (Psalms 34:4).

"The LORD is my light and my salvation; whom shall I fear? the LORD is the strength of my life; of whom shall I be afraid?" (Psalms 27:1).

"Though an host should encamp against me, my heart shall not fear: though war should rise against me, in this will I be confident" (Psalms 27:3).

"In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me" (Psalms 56:4).

"In God have I put my trust: I will not be afraid what man can do unto me" (Psalms 56:11).

"Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day" (Psalms 91:5).

"He shall not be afraid of evil tidings: his heart is fixed, trusting in the LORD" (Psalms 112:7).

"But whoso hearkeneth unto me shall dwell safely, and shall be quiet from fear of evil" (Proverbs 1:33).

"Be not afraid of sudden fear, neither of the desolation of the wicked, when it cometh" (Proverbs 3:25).

"The fear of man bringeth a snare: but whoso putteth his trust in the LORD shall be safe" (Proverbs 29:25).

"For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind" (II Timothy 1:7). "There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love" (I John 4:18).

Fear Not Scriptures

Genesis 15:1 "After these things the word of the LORD came unto Abram in a vision, saying, Fear not, Abram: I am thy shield, and thy exceeding great reward."

Genesis 21:17 "And God heard the voice of the lad; and the angel of God called to Hagar out of heaven, and said unto her, What aileth thee, Hagar? fear not; for God hath heard the voice of the lad where he is."

Genesis 26:24 "And the LORD appeared unto him the same night, and said, I am the God of Abraham thy father: fear not, for I am with thee, and will bless thee, and multiply thy seed for my servant Abraham's sake."

Deuteronomy 1:21 "Behold, the LORD thy God hath set the land before thee: go up and possess it, as the LORD God of thy fathers hath said unto thee; fear not, neither be discouraged."

Deuteronomy 31:6 "Be strong and of a good courage, fear not, nor be afraid of them: for the LORD thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee."

Deuteronomy 31:8 "And the LORD, he it is that doth go before thee; he will be with thee, he will not fail thee, neither forsake thee: fear not, neither be dismayed."

Joshua 10:25 "And Joshua said unto them, Fear not, nor be dismayed, be strong and of good courage: for thus shall the LORD do to all your enemies against whom ye fight."

Judges 6:10 "And I said unto you, I am the LORD your God; fear not the gods of the Amorites, in whose land ye dwell: but ye have not obeyed my voice."