

18. The Word of God:

"He sent his word, and healed them, and delivered them from their destructions" (Psalm 107:20).

19. Observing the Sabbath:

"... but in the seventh is the Sabbath of rest ... for in six days the LORD made heaven and earth, and on the seventh day he rested, and was refreshed" (Exodus 31:15, 17). We also need the day of rest to receive refreshing.

Applications:

These medications may be used effectively for any mental or physical ailment. They may be used to overcome fear, anxiety, anger, loneliness, depression, and any number of other maladies.

They may also be used to combat all kinds of physical diseases as well. These would include bacterial infections, viruses, parasites, and failure of various organs.

Dosage:

Take as much as needed on a daily basis. They may be taken with or without food, either before, during, or after a meal. If

you miss a dose, just pick up where you left off. *** You can't overdose on these medications.

Precautions:

None whatsoever. However, do not use these medications to the neglect some other commandments of the Word.

Interactions:

There are none directly. However, as God heals you through the Word, other medications may prove to be an overdose.

Side effects:

There are NO negative side effects. However, some well meaning people close to you may think that you have lost your mind by using these medications.

CAUTION!!!

It is not recommended that you quit taking an other medications prescribed by a physician unless you know that you are healed or that God specifically tells you to do so. You may want to prayerfully request that your physician wean you off your prescriptions.

Courtesy of

Whole Person Counseling

<http://www.wholeperson-counseling.org>



Recommended Medications

1. The joy of the Lord:

"... for the joy of the LORD is your strength" (Nehemiah 8:10).

2. The garment of praise: (for depression)

"The Spirit of the Lord GOD is upon me ... to give unto them ... the garment of praise for the spirit of heaviness; that they might be called trees of righteousness, the planting of the LORD, that he might be glorified" (Isaiah 61:1-3).

3. The oil of joy:

"To appoint unto them that mourn in Zion, to give unto them beauty for ashes, the oil of joy for mourning,...." (Isaiah 61:3).

4. A merry heart:

"A merry heart doeth good like a medicine: but a broken spirit drieth the bones" (Proverbs 17:22).

5. A good report:

"The light of the eyes rejoiceth the heart: and a good report maketh the bones fat" (Proverbs 15:30).

6. Blessing others in need:

"And if thou draw out thy soul to the hungry, and satisfy the afflicted soul; then shall thy light rise in obscurity, and thy darkness be as the noonday: And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not" (Isaiah 58:11).

7. A mind fixed upon God:

"Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee" (Isaiah 26:3).

8. A clear conscience:

"Make me to hear joy and gladness; that the bones which thou hast broken may rejoice. Hide thy face from my sins, and blot

out all mine iniquities. Create in me a clean heart, O God; and renew a right spirit within me" (Psalm 51:8-10).

9. God's complete love:

"There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love" (I John 4:18).

10. The fear of the LORD:

"The fear of the LORD is a fountain of life, to depart from the snares of death" (Proverbs 14:27).

11. Crying unto the Lord:

"O LORD my God, I cried unto thee, and thou hast healed me" (Psalm 30:2).

12. A humbled heart:

"If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land" (II Chronicles 7:14).

13. A return to the LORD:

"Come, and let us return unto the LORD: for he hath torn, and he

will heal us; he hath smitten, and he will bind us up" (Hosea 6:1).

14. Godliness.

"For bodily exercise profiteth little: but godliness is profitable unto all things, having promise of the life that now is, and of that which is to come" (I Timothy 4:8).

15. The prayer of faith.

"And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him" (James 5:15).

16. Repentance:

"If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land" (II Chronicles 7:14).

17. Waiting upon God: (meaning to knit yourself together with God while anticipating God intervention).

"But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint" (Isaiah 40:31).