

Blythe's Testimony

Hello – my name is Blythe and I would like to share with you some of my story about traveling from Oklahoma to spend two weeks with Basil Frasure and Whole Person Counseling.

First let me say that I am a child of God and follower of Jesus Christ ; I have been actively pursuing a closer walk with Him for a number of years and while growth has occurred, I kept encountering the same hindrances and repeating the same steps that I understood were to bring freedom, but freedom did not come.

The problem was that I was stuck and could not move beyond some deep emotional wounds or dispel internally held lies. As I tried harder to get free, the ground around me would shift and I would come to a place that I call deficit living – which is spending today on the unresolved problems, issues, and intentions of yesterday. The harder I tried to break free, the further behind I would fall and the greater the self-condemnation would become. All of this became quite overwhelming to me and some days I simply went through the motions of living as I did not want to strike out on a new day and fail again.

Please understand that I prayed often – practically without ceasing as I struggle with repetitive thoughts that can form a gridlock in my mind. Oh, I renounced the enemy many, many times and more than once was so loud and frantic that my cats ran in fear and hid for hours. I've been a member of an active – living church body for several years, have taught Bible lessons to teens and adults, led small groups for women in recovery and written a series of articles on recovery topics that were published in a Christian magazine... all of this exposure to the Word of God and still a prisoner to the past.

I came across Basil Frasure's Whole Person Counseling website a couple of years ago and was drawn by the richness of content and bookmarked it for ready reference of study materials - I even saved one of the photos from the site as wallpaper on my computer... It's a fabulous picture of a long waterfall that reminds me that God is the Fountain of Living water.

The website offers options for counseling and since sessions with local counseling resources had yielded little fruit I took a step of faith and traveled to San Angelo for two weeks of intensive counseling and study. The results are remarkable...

The very first session on Identity instilled an image and understanding in me of Jesus as the incorruptible seed delivering new life in my spirit being. I have come to understand the difference between relationship and fellowship, received healing from deep emotional wounds by following the steps outlined by Basil and now know that asking forgiveness from God, others and self is just one of the steps to freedom. The session about ownership and Holding onto Personal Rights was very convicting as I saw myself so clearly in this trap. Basil uses creative props to reinforce the teaching and this is very effective for me.

As my conscience began to clear, understanding of God's grace grew and fellowship with the Lord became so sweet that my core being was touched in an indescribable way. No longer is self-rejection an issue for me – I accept God's mark on me (after receiving this lesson) and am very open and eager for His use of it for His glory.

My enthusiasm for Whole Person Counseling could carry this testimony much further, but I choose to conclude with this statement. Basil Frasure taught me about living the Resurrected Life through lessons built upon the Word of God. My mind and heart have been transformed by Whole Person Counseling and I know that yours could be too. I praise God for ministers of His Word who seek to heal the broken- hearted in Jesus' name and I thank God for Basil Frasure and Whole Person Counseling.